



LUNCH MENU

SOUPS: \$3.50 (made fresh daily, served with crackers) (side of toasted bread \$1.00)

Cream of Chicken & Vegetable

Tomato & Vegetable

Soup of the Day

Soup and ½ salad combo: \$6.50 (not available for Chefs Salad)

SALADS:

Chicken Salad Plate \$6.00

roasted chicken salad, organic mixed greens, roma tomato, onion, cucumber, sliced apples, blackberry balsamic vinaigrette

Tuna Salad Plate \$6.00

tuna salad, organic mixed greens, roma tomato, onion, cucumber, bell peppers, sliced apples, blackberry balsamic vinaigrette

Organic Mixed Greens \$4.50

organic mixed greens, roma tomato, onion, sliced apples, cucumbers, bell peppers, blackberry balsamic vinaigrette

Walnut & Feta Salad \$6.00

organic mixed greens, roma tomato, onion, sliced apples, cucumbers, bell peppers, creamy lemon-basil dressing.

Asian Chicken Salad \$6.00

romaine lettuce, chicken, red onions, peppers, mandarin oranges, sesame seeds and Asian dressing

Chef's Salad \$6.50

organic mixed greens, turkey, ham, tomatoes, cucumbers, boiled egg, red onions, Cheddar & Provolone cheeses

SANDWICHES:

All sandwiches come with either French fries, side salad w/ mora dressing or vegetable pasta salad.

Chicken Salad Sandwich \$6.50

chicken, onions, celery, mayonnaise, lettuce, roma tomato on a toasted hoagie roll

Tuna Salad Sandwich \$6.50

tuna, onions, celery, mayonnaise lettuce, roma tomato on a toasted hoagie roll

Hot Italian Melt \$7.00

ham, Proscuitto, Salami, tomato, onions, red peppers, Provolone cheese on a ciabatta bun

Hot Ham & Cheese Sandwich \$6.50

sliced ham, mozzarella cheese, lettuce, roma tomato on a toasted hoagie roll

Fried Egg Sandwich \$6.00

2 eggs, mozzarella cheese, lettuce, roma tomato on a toasted country roll. Add bacon for \$1.00 more

BLT Sandwich \$6.50

bacon, lettuce, roma tomato, honey mustard mayonnaise on a toasted hoagie roll

Hot Volcano Sandwich \$6.50

smoked chicken breast, onions, pepper jack cheese, red pepper aioli on a ciabatta roll

Hot Pressed Turkey Sandwich \$6.50

sliced turkey, honey mustard mayonnaise, caramelized onion, provolone cheese on a ciabatta roll

Meat Lovers Special \$7.00

salami, sliced ham, sliced turkey, lettuce, roma tomato, onion, mustard, mozzarella cheese on a ciabatta roll

Cheesesteak Sandwich \$7.00

roast beef, horseradish mayonnaise, roasted onions & peppers, provolone cheese on a ciabatta roll

Pastrami on Rye \$6.50

pastrami, deli mustard, kosher pickles, swiss cheese pressed hot on Rye bread

Classic Ruben Sandwich \$6.50

corned beef, sauerkraut, 1000 island dressing, and swiss cheese pressed hot on Rye bread

Hot Ratatouille Sandwich \$6.50

tomato, bell peppers, zucchini, eggplant, onions, spices, mozzarella cheese on a toasted hoagie bun

Classic Cuban Sandwich \$6.50

house roasted pulled pork, sliced Virginia Ham, deli mustard, swiss cheese and deli pickles pressed hot on a ciabatta roll

(make it a Crazy Cuban....add bacon and candied jalapenos **\$7.50**)

Extras: Bacon \$1.75

Cheese \$1.50

extra meat \$2.75

Dressing \$.50

Toast \$1.00